

# Center Monthly Programming Schedule

**\*notes it happens more than once a month(see calendar)/\*nota que ocurre mas de una vez al mes(ver calendario)**  
**ESP indica que el grupo esta en español/ ESP indicates that group is in Spanish**

	<b>Monday Lunes</b>	<b>Tuesday Martes</b>	<b>Wednesday Miercoles</b>	<b>Thursday Jueves</b>	<b>Friday Viernes</b>	<b>Saturday Sabado</b>
<b>WEEKLY SEMANAL</b>	Yoga for Everyone* 9:15am – 10:15am  Trans Coming Out* 7pm – 8:30pm  Men's Open Discussion* 7:15pm – 8:45pm  Women's Open Discussion* 7:15pm – 8:45pm	<b>Grupo Mujeres con Orgullo*</b> <b>6pm – 7:30pm ESP</b>	Shades of Color* 12pm – 1:30pm  <b>Las Manzanitas*</b> <b>6pm – 8pm ESP</b>  Women's Coming Out* 6:30pm – 8:45pm	Men's Coming Out* 7:15pm – 8:45pm  <b>Acción Positiva*</b> <b>6pm – 8:30pm ESP</b>	Lesbian Friday Night Meet Up* 7pm – 9pm	Transgender Open Discussion* 5:15pm – 6:45pm
<b>1<sup>st</sup>_____of the month  1er_____del Mes</b>	Grief & Loss Discussion Group* 5:30pm – 7pm	Food Bank 9am – 10:30am  <b>YAM+* (Bilingue)</b> <b>6pm – 730pm</b>  Name & Gender Change Legal Clinic 6pm – 8pm  Michael Dillon Society 7pm – 8:30pm	Guys, Games, & Grub 6pm – 8:30pm  TransParent of San Diego* 6:30pm – 7:30pm	Non-Binary Gender Identity* 7:30pm – 8:45pm	<b>Transgénero 2000*</b> <b>6pm – 8pm ESP</b>	LGBTQ Families Playgroup (0-13 yrs 12pm – 2pm (The June date will be 6/15)
<b>2<sup>nd</sup>_____of the Month  2o_____del Mes</b>	Grief & Loss Discussion Group * 5:30pm – 7pm  <b>Sobrevivientes de Largo Plazo(VIH)</b> <b>6pm - 8pm ESP</b>  <b>Mi Familia South Bay 6pm - 8pm</b> SB Youth Center 1180 3 <sup>rd</sup> Ave Chula Vista, CA 91911 <b>ESP</b>	Name & Gender Change Legal Clinic 6pm – 8pm  Prostate Cancer* Support Group 6:30pm – 8pm  Men's Social Group* 7pm – 8:30pm	Trans Masculinities* 7pm – 8:30pm  SOFFA* 7pm – 8:30pm	Free Legal Service Clinic* 930am – 1130am  HIV Positive Seniors 12pm – 1pm  Young Women's Circle* 7pm – 8:30pm		
<b>3<sup>rd</sup>_____of the Month  3r_____del Mes</b>	Grief & Loss Discussion Group * 5:30pm – 7pm  <b>Mi Familia Hillcrest</b> <b>6pm – 8pm ESP</b>	<b>YAM+* (Bilingue)</b> <b>6pm - 730pm</b>  Transgender Game Night 6pm – 8:30pm  L3: Lavender Literary Lounge 7pm – 8:30pm	TransParent of San Diego* 630pm-730pm  Bi/Pan/Fluid+ Group 7pm – 8:30pm	LGBT Military Support 6pm - 730pm  Non-Binary Gender Identity* 7:30pm – 8:45pm		
<b>4<sup>th</sup>_____of the Month  4o_____del Mes</b>	Grief & Loss Discussion Group * 5:30pm – 7pm	Senior Food Bank 1pm -3pm  Prostate Cancer Support* 6:30pm – 8pm  Men's Social Group* 7pm – 8:30pm	Name & Gender Change Legal Clinic 6pm – 8pm  Trans Masculinities* 7pm – 8:30pm  SOFFA* 7pm – 8:30pm	Free Legal Service Clinic* 9:30am – 11:30am  Disabled OUT & Proud 7pm – 8:30pm	Sapphic Cinema 6pm – 8:30pm	
<b>Last_____of the Month  Ultimo_____del Mes</b>					LGBTQ Families Playgroup (0-5yrs) 9:30am – 11:30am  <b>Transgénero 2000*</b> <b>6pm – 8pm ESP</b>	

Updated: 5/14/2019