

Center Monthly Programming Schedule

***notes it happens more than once a month(see calendar)/*nota que ocurre mas de una vez al mes(ver calendario)
ESP indica que el grupo esta en español/ ESP indicates that group is in Spanish**

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes	Saturday Sabado
WEEKLY SEMANAL	Yoga for Everyone* 9:15am – 10:15am Trans Coming Out* 7pm – 8:30pm Men's Open Discussion* 7:15pm – 8:45pm Women's Open Discussion* 7:15pm – 8:45pm Grief & Loss Discussion Group* 5:30pm – 7pm	Grupo Mujeres con Orgullo* 6pm – 7:30pm ESP	Shades of Color* 12pm – 1:30pm Las Manzanitas* 6pm – 8pm ESP Women's Coming Out* 6:30pm – 8:45pm	Men's Coming Out* 7:15pm – 8:45pm Acción Positiva* 6pm – 8:30pm ESP	Lesbian Friday Night Meet Up* 7pm – 9pm	Transgender Open Discussion* 5:15pm – 6:45pm
1st of the month 1^{er} del Mes		Food Bank 9am – 10:30am YAM+* (Bilingue) 6pm – 730pm Name & Gender Change Legal Clinic 6pm – 8pm	Guys, Games, & Grub 6pm – 8:30pm TransParenting* 6:30pm – 7:30pm	Non-Binary Gender Identity* 7:30pm – 8:45pm	Transgénero 2000* 6pm – 8pm ESP	LGBTQ Families Playgroup (0-13 yrs) 12pm – 2pm
2nd of the Month 2^o del Mes	Sobrevivientes de Largo Plazo(VIH) 6pm - 8pm ESP Mi Familia South Bay 6pm - 8pm SB Youth Center 1180 3 rd Ave Chula Vista, CA 91911 ESP	Name & Gender Change Legal Clinic 6pm – 8pm Prostate Cancer* Support Group 6:30pm – 8pm Men's Social Group 7pm – 8:30pm	Trans Masculinities* 7pm – 8:30pm SOFFA* 7pm – 8:30pm	Free Legal Service Clinic* 930am – 1130am HIV Positive Seniors 12pm – 1pm Young Women's Circle* 7pm – 8:30pm		
3rd of the Month 3^r del Mes	Mi Familia Hillcrest 6pm – 8pm ESP	YAM+* (Bilingue) 6pm - 730pm Tran Game Night 6pm – 8:30pm L3: Lavender Literary Lounge 7pm – 8:30pm	TransParenting* 6:30pm – 7:30pm Bi/Pan/Fluid+ Group 7pm – 8:30pm	LGBT Military Support 6pm - 730pm Non-Binary Gender Identity* 7:30pm – 8:45pm		
4th of the Month 4^o del Mes		Senior Food Bank 1pm -3pm Prostate Cancer Support* 6:30pm – 8pm Men's Social Group* 7pm – 8:30pm	Name & Gender Change Legal Clinic 6pm – 8pm Trans Masculinities* 7pm – 8:30pm SOFFA* 7pm – 8:30pm	Free Legal Service Clinic* 9:30am – 11:30am Disabled OUT & Proud 7pm – 8:30pm	Sapphic Cinema 6pm – 8:30pm	
Last of the Month Ultimo del Mes					LGBTQ Families Playgroup (0-5yrs) 9:30am – 11:30am Transgénero 2000* 6pm – 8pm ESP	

Updated: 7/2/2019

San Diego LGBT Community Center, 3909 Centre St. San Diego CA 92103
For more information: discussion@thecentersd.org | (619) 692-2077 x211