

INSTAGRAM & FACEBOOK

@SOUTHBAY
YOUTHCENTER

Monday-Friday
10:00 AM - 6:00 PM

Check in with staff
Stay updated on virtual services
Sign in for weekly Live Streams

ZOOM & CALL IN OPTIONS

1-ON-1 CHECK-INS

Connect with a member
of the youth team

Tuesdays & Thursdays
2-4:00 PM

SIGN UP

Email us at:
southbayyouth
@thecentersd.org

SOUTH BAY YOUTH CENTER

Virtual and Remote
Support for LGBTQIA+
Young People

WEEKLY GROUPS

GENDER IDENTITY
VIA ZOOM

Ages 10-13

Tuesdays 4:30-6:00 PM

Ages 14-18

Fridays 4:30-6:00 PM

GENERAL SBYC ALL-
AGES ZOOM GROUP

Thurs 4:00PM-5:00PM

SIGN UP

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EMERGENCY SERVICES

ARE YOU A YOUNG
HUMAN IN NEED OF
ADDITIONAL SUPPORT
OR RESOURCES?

CONTACT US FOR:

- Food assistance
- Housing assistance
- Mental Health Support

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