

## **Creating Kin: Processing Group**

For those on the path to parenthood  
to emotionally connect!

1st Monday

5:30-6:30 PM

## **PFLAG: South Bay**

For friends and family!

1st and 3rd Tuesday

7-8 PM

## **Transparenting**

For families with trans and gnc  
youth/adults!

1st and 3rd Wednesday

6:30-7:30 PM

## **Mi Familia**

A Spanish speaking group for families!

2nd and 4th Monday

6-7:30 PM

## **Creating Kin: Resource Group**

For those on the path to parenthood  
seeking resources!

4th Monday

5:30-6:30 PM

***All of our support groups are  
online!***

## **Families at The Center**

is an inclusive family  
program at the San Diego  
LGBT Community Center.  
Our program is designed  
to provide resources,  
education, support and  
opportunities  
for community building  
for LGBTQ+ families and  
those considering  
parenthood.



For questions, accessibility  
and to request zoom info  
for support groups, please  
call or email us at:

**families@thecentersd.org**  
**619.692.2077 X212**