

Men's Programs and Community Programs October 2020

<<NEW!!!>> Men's Social Discussion Group (this group is open to all)

2nd and 4th Tuesday of every month: October 13, 27 from 7:00pm – 8:30pm

***All meetings will take place online. Email cenciso@thecentersd.org for meeting information**

The Men's Social Group offers a safe and welcoming space to make friends, play games, and socialize with other men. The group discusses a wide variety of topics including: relationships, sexual health, community activism, and more! For more information on the group, please contact Charles Enciso at cenciso@thecentersd.org

<<NEW!!!>> Disabled Out and Proud Discussion Group (this group is open to all)

First Thursday of every month: October 01, from 6:00pm – 7:00pm

***All meetings will take place online. Email cenciso@thecentersd.org for meeting information**

The Disabled Out and Proud discussion group is open to all sexes and genders, and is an inclusive space for all LGBTQ+ people with disabilities. We strive to create a non-judgmental environment where participants can socialize, share experiences, and support each other in successfully navigating the able world and thriving within the LGBTQ+ community. For more information on the group, please contact Charles Enciso at cenciso@thecentersd.org

Bi-Pan-Fluid Discussion Group (this group is open to all)

First and Third Wednesday of every month: October 07, 21, from 7:00pm – 8:00pm

***All meetings will take place online. Email cenciso@thecentersd.org for meeting information**

The Bi-Pan-Fluid discussion group is open to all sexes and genders, and is a safe place to explore and discuss what is happening in your life. Our experiences are unique but similar, and this group is a safe and inclusive place for us to come together to support each other, and to talk about our feelings, our identities, and our relationships. For more information on the group, please contact Charles Enciso at cenciso@thecentersd.org.

Shades of Color

Every Wednesday: October 07, 14, 21, and 28, from 12:00pm (noon) – 1:30pm

***All meetings will take place online. Email cramos@thecentersd.org for meeting information**

An empowerment group for men of color living with HIV, Shades of Color covers a variety of topics, including healthy relationships, self-esteem, living with HIV, spiritual awareness, community mobilizing and more. For more information on the group, please contact Carolina Ramos at cramos@thecentersd.org.

Men's Coming Out Discussion Group

1st and 3rd Thursday of every month, October 01, 15, from 7:15pm – 8:45pm

***All meetings will take place online. Email cenciso@thecentersd.org for meeting information**

This group provides a space for straight, gay, bi, trans, and questioning men of all ages to share their experiences with any stage of the life-long coming out and being out process. We provide a safe, welcoming, and inclusive place to meet others who may be going through a similar transition, or who have already come out. For more information on the group, please contact Charles Enciso at cenciso@thecentersd.org.

Gay Men's Prostate Cancer Support Group

2nd and 4th Tuesday of every month, October 13, 27 from 6:30pm - 8pm

***All meetings will take place online. Email seniors@thecentersd.org for meeting information**

Whether you are currently dealing with a prostate cancer diagnosis, have just completed treatment, or are a long-term survivor, this group is here for you. Join us for support, discussion, and encouragement from folx who will understand where you've been and what you're going through now. For more information on the group, please contact Elisa Barnett at seniors@thecentersd.org.

Men's and Other Programs - Oct 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All meetings are taking place online ONLY				1 Disabled Out & Proud Discussion Group 6:00pm – 7:00pm Men's Coming Out Discussion Group 7:15pm – 8:45pm	2	3
	4	5 HOLIDAY	6	7 Bi-Pan-Fluid Discussion Group 7:00pm – 8:00pm Shades of Color Discussion Group 12:00pm – 1:30pm	8	9
11	12	13 Gay Men's Prostate Cancer Support Group 6:30-8pm Men's Social Discussion Group 7:00pm – 8:30pm	14 Shades of Color Discussion Group 12:00pm – 1:30pm	15 Men's Coming Out Discussion Group 7:15pm – 8:45pm	16	17
18	19	20	21 Bi-Pan-Fluid Discussion Group 7:00pm – 8:00pm Shades of Color Discussion Group 12:00pm – 1:30pm	22	23	24
25	26	27 Gay Men's Prostate Cancer Support Group 6:30-8pm Men's Social Discussion Group 7:00pm – 8:30pm	28 Shades of Color Discussion Group 12:00pm – 1:30pm	29	30	31