




Transgender Services September 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Community Food Distribution The Center 9:00am – <i>Open to All</i>	2 Trans Masculine Discussion Group Virtually Via ZOOM 7:00pm-8:30pm	3	4 Transgenero 2000 Virtually Via ZOOM 6:00pm Non-Binary Gender Identity & Exploration Virtually Via ZOOM 7:30pm-9:00pm	5 The Center CLOSED
6 BeTheGeneration Know Your Status! Get Tested!	7 Happy Labor Day! The Center CLOSED	8 Free Name & Gender Marker Changes trans@thecentersd.org	9 Diamond in the Rough Contact On Duty onduty@thecentersd.org Trans SOFFA: Significant Other, Friend, Family, or Ally Virtually Via ZOOM 5:00pm-6:30pm Trans Masculine Discussion Group Virtually Via ZOOM 7:00pm-8:30pm	10 Free Binder & Tucker Program trans@thecentersd.org	11 Non-Binary Gender Identity & Exploration Virtually Via ZOOM 7:30pm-9:00pm	12 Transgender Discussion Group Virtually Via ZOOM 5:00pm-7:00pm
13	14 Transgender Coming Out Group Virtually Via ZOOM 7:00pm-8:30pm	15  ASL UPON REQUEST trans@thecentersd.org	16 Trans Masculine Discussion Group Virtually Via ZOOM 7:00pm-8:30pm	17	18 Non-Binary Gender Identity & Exploration Virtually Via ZOOM 7:30pm-9:00pm	19 Transgender Discussion Group Virtually Via ZOOM 5:00pm-7:00pm
20 HIV & HepC Testing Daily at The Center M-F 9am-7pm Sat 9am-2pm Free & Confidential	21 Transgender Coming Out Group Virtually Via ZOOM 7:00pm-8:30pm	22 Senior Food Bank 1:00-3:00pm Contact Senior Services seniors@thecentersd.org San Diego Trans Military Discussion Group Virtually Via ZOOM 7:00pm-8:30p	23 Diamond in the Rough Contact On Duty onduty@thecentersd.org Trans SOFFA: Significant Other, Friend, Family, or Ally Virtually Via ZOOM 5:00pm-6:30pm Trans Masculine Discussion Group Virtually Via ZOOM 7:00pm-8:30pm	24 Free Binder & Tucker Program trans@thecentersd.org	25 Transgenero 2000 Virtually Via ZOOM 6:00pm Non-Binary Gender Identity & Exploration Virtually Via ZOOM 7:30pm-9:00pm	26 Transgender Discussion Group Virtually Via ZOOM 5:00pm-7:00pm
27	28 Transgender Coming Out Group Virtually Via ZOOM 7:00pm-8:30pm	29 Free Name & Gender Marker Changes trans@thecentersd.org	30 Trans Masculine Discussion Group Virtually Via ZOOM 7:00pm-8:30pm			



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ASL UPON REQUEST trans@thecentersd.org

Project TRANS 1:1 Peer Support and Case Management Services

Office Hours: Monday, Wednesday, and Friday from 1:00pm-4:00pm.

Did you need assistance completing your Name & Gender Marker Changes petition? Let's check if you qualify for the fee waiver! Perhaps you obtained your decree and have next steps questions, or want to complete an affidavit to amend a birth certificate. Don't forget to ask about our Free Binder & Tucker Program! For more information, contact Naya Marie Velazco, She/Her/Hers, Transgender Services Coordinator, at nvelazco@thecentersd.org or text 858.215.6914.

Mondays, 7:00pm-8:30pm, Transgender Coming Out Group

This group supports transgender people in all stages of exploring gender identity. Open to transgender women (MTF), transgender men (FTM), non-binary/genderqueer/gender non-conforming people, people who are intersex, and those questioning their gender identity. For more information, and a virtual ZOOM invite contact transgender services at trans@thecentersd.org or 619.692.2077 x162.

1st Tuesday of Each Month, 9:00am-10:30am, Community Food Distribution Site

- Open to all

The San Diego LGBT Community Center hosts a distribution site once a month for the Community Cares Project of the San Diego Food Bank. On the first Tuesday of every month, 9:00am-10:30am, visit The Center's parking lot for food distribution. For more information, visit the San Diego Food Bank website.

4th Tuesday, September 22nd, 7:00pm-8:30pm, San Diego Trans Military

Discussion Group

Meet other Veterans and active duty Trans folks to support and share resources for smoother transitions within the military and VA agencies, great place to share your hopes and struggles. For more, information and a ZOOM invite contact Angela Troska, She/Her/Hers, at sdtransmilitary@gmail.com

Wednesday, September 9th and 23rd, Midday, Diamond in the Rough,

Transwomen/Transfeminine Support Group

Therapist-lead support group for transgender women and transfeminine individuals, topics vary. Group is closed format and must meet with group facilitator prior to joining. Contact On Duty 619.692.2077 x208 for more information, and a virtual ZOOM invite email onduty@thecentersd.org.

Wednesdays, 7:00pm-8:30pm, Trans Masculine Discussion Group

Discussion group for male-identified, questioning, or self-identifying on the male spectrum folks who were assigned female at birth. For more information, and a virtual ZOOM invite contact transgender services at trans@thecentersd.org or 619.692.2077 x162.

Wednesday, September 9th and 23rd, 5:00pm-6:30pm, Trans SOFFA: Significant Other, Friend, Family, or Ally

This group is to help the folks (Significant Others, Friends, Family, or Allies!) who love and care for our Trans family. Transitioning can be hard on both parties, and this group can help guide/support you through the journey you will also endure. For more information, and a virtual ZOOM invite contact our transgender services at trans@thecentersd.org or 619.692.2077 x162.

Fridays, 7:30pm-9:00pm, Non-Binary Gender Identity and Exploration

This is a discussion and support group for non-binary, genderqueer, and gender non-conforming individuals. Anyone who identifies with any part of the non-binary gender spectrum or anyone questioning/exploring their gender identity is welcome to join. This group also serves as a social gathering space for non-binary individuals, and casual social interaction is integrated with more structured discussion. The group meets on the first and third Thursdays of every month. For more information, and a virtual ZOOM invitation contact Transgender Services at trans@thecentersd.org.

Viernes, 4 y 28 de septiembre, 6pm, Grupo de apoyo: Transgenero 2000

Este grupo se lleva a cabo de 6:00pm a 7:30pm, es un grupo abierto a familias, amigos y personas que quieran comprender y dar apoyo a personas transgenero, en este grupo se dan diferentes temas educativos y tambien se comparten sus experiencias de la vida. Viernes primero y cuarto mensual.

Saturdays, 5:00pm-7:00pm, Transgender Discussion Group

A discussion and support group for transgender and trans-questioning folks ages 18 and up. Meet lots of different members of the Trans and Gender Non-binary community. Discuss ideas, experiences and share resources. For more information, and a virtual ZOOM invite contact transgender services at trans@thecentersd.org or 619.692.2077 x162

Check Out Our Testing Hours!

Free HIV and Hepatitis C testing is available at The Center Monday-Friday 9:00am-8:00pm (last test at 7:00pm) and Saturday 10:00am-4:00pm (last test at 3:00pm). All tests are presently by appointment only, please call 619.692.2077 x 211.

Under 25 and Looking for Transgender Resources?

***Under 25 and Looking for Transgender Resources?**

Yey Morales, They/Them/Theirs, Youth Services Manager, is available to help transgender youth 25 and younger with accessing resources such as support groups, housing, surgery, hormones, mentorships, mediations with families and schools, name and gender change, and more! Contact Yey at mmorales@thecentersd.org or 619.692.2077 x156.