




# Transgender Services November 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>Transgender Coming Out Group</b> Virtually Via ZOOM 7:00pm-8:30pm	3 <b>Aromantic and Asexual Discussion Group</b> Virtually Via ZOOM 7:00pm-8:30pm  <b>VOTE VOTA</b>	4 <b>Trans Masculine Discussion Group</b> Virtually Via ZOOM 7:00pm-8:30pm	5  <b>ASL UPON REQUEST</b> <a href="mailto:trans@thecentersd.org">trans@thecentersd.org</a>	6 <b>Project TRANS Advisory Committee</b> 2:00pm-3:30pm  <b>Transgenero 2000</b> Virtually Via ZOOM 6:00pm  <b>Non-Binary Gender Identity &amp; Exploration</b> Virtually Via ZOOM 7:30pm-9:00pm	7 <b>Transgender Discussion Group</b> Virtually Via ZOOM 5:00pm-7:00pm
8 <b>BeTheGeneration</b> Know Your Status! Get Tested!	9 <b>Transgender Coming Out Group</b> Virtually Via ZOOM 7:00pm-8:30pm	10 <b>Community Food Distribution</b> The Center 9:00am – <i>Open to All</i>	11  <b>The Center Closed</b> <b>Veterans Day</b>	12  <b>Transgender Awareness Week</b> 11/12-11/19  <b>Virtual Flag Raising Ceremony</b> Live on Project TRANS at The Center FB page 12:00pm	13 <b>Non-Binary Gender Identity &amp; Exploration</b> Virtually Via ZOOM 7:30pm-9:00pm  <b>Free Binder &amp; Tucker Program</b> <a href="mailto:trans@thecentersd.org">trans@thecentersd.org</a>	14 <b>Transgender Discussion Group</b> Virtually Via ZOOM 5:00pm-7:00pm
15	16 <b>Transgender Coming Out Group</b> Virtually Via ZOOM 7:00pm-8:30pm	17 <b>Aromantic and Asexual Discussion Group</b> Virtually Via ZOOM 7:00pm-8:30pm	18 <b>Trans Masculine Discussion Group</b> Virtually Via ZOOM 7:00pm-8:30pm	19 <b>Free Name &amp; Gender Marker Changes</b> <a href="mailto:trans@thecentersd.org">trans@thecentersd.org</a>	20 <b>Transgender Day of Remembrance</b> Live on Project TRANS at The Center Facebook page 7:00pm-8:00pm  <b>Non-Binary Gender Identity &amp; Exploration</b> Virtually Via ZOOM 7:30pm-9:00pm	21 <b>Transgender Discussion Group</b> Virtually Via ZOOM 5:00pm-7:00pm
22 <b>HIV &amp; HepC Testing Daily at The Center</b> M-F 9am-7pm Sat 9am-2pm Free & Confidential	23 <b>Transgender Coming Out Group</b> Virtually Via ZOOM 7:00pm-8:30pm	24 <b>Senior Food Bank</b> 1:00-3:00pm Contact Senior Services <a href="mailto:seniors@thecentersd.org">seniors@thecentersd.org</a>  <b>San Diego Trans Military Discussion Group</b> Virtually Via ZOOM 7:00pm-8:30p <a href="mailto:sdtransmil@gmail.com">sdtransmil@gmail.com</a>	25 <b>Diamond in the Rough</b> Contact On Duty <a href="mailto:onduty@thecentersd.org">onduty@thecentersd.org</a>  <b>Trans SOFFA: Significant Other, Friend, Family, or Ally</b> Virtually Via ZOOM 5:00pm-6:30pm  <b>Trans Masculine Discussion Group</b> Virtually Via ZOOM 7:00pm-8:30pm	26  <b>The Center Closed</b>	27  <b>The Center Closed</b>	28  <b>The Center Closed</b>
29	30 <b>Transgender Coming Out Group</b> Virtually Via ZOOM 7:00pm-8:30pm					



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ASL UPON REQUEST [trans@thecentersd.org](mailto:trans@thecentersd.org)

## **Project TRANS 1:1 Peer Support and Case Management Services**

### **Office Hours: Monday, Wednesday, and Friday from 1:00pm-4:00pm.**

Did you need assistance completing your Name & Gender Marker Changes petition? Let's check if you qualify for the fee waiver! Perhaps you obtained your decree and have next steps questions, or want to complete an affidavit to amend a birth certificate. Don't forget to ask about our Free Binder & Tucker Program! For more information, contact Naya Marie Velazco, She/Her/Hers, Transgender Services Coordinator, at [nvelazco@thecentersd.org](mailto:nvelazco@thecentersd.org) or text 858.215.6914.

## **Transgender Awareness Week, November 12<sup>th</sup> – 19<sup>th</sup>**

For Transgender Awareness Week November 12<sup>th</sup> - November 19<sup>th</sup> up until Transgender Day of Remembrance on November 20<sup>th</sup>, we ask community members and allies to help us memorialize the ones we have lost too soon by visiting one of the five alters listed below to pay respects, meditate, leave flowers, pictures, or hand written sentiments. Please wear a mask and practice social distancing so that we may all stay healthy. Be sure to check yourself in at each location on social media, take a picture, and share the following hashtags: #TDOR2020 #StopKillingUs #TransisBeautiful

-The San Diego LGBT Community Center  
3909 Centre St, San Diego, CA 92103

-San Diego Pride Office  
3620 30<sup>th</sup> St, San Diego, CA 92104

-South Bay Youth Center  
1180 3<sup>rd</sup> Avenue, Suite C1, Chula Vista, CA 91911

-Strong Hearted Native Women's Coalition  
1121 E. Pennsylvania Ave, Escondido, CA 92058

-North County LGBTQ Resource Center  
3220 Mission Ave, Suite 2, Oceanside, CA 92058

## **Friday, November 20<sup>th</sup>, 7:00pm-8:00pm Transgender Day of Remembrance**

Join us virtually on Project TRANS at The Center Facebook page for the 18<sup>th</sup> annual Transgender Day of Remembrance on Friday, November 20<sup>th</sup> from 7:00pm-8:00pm as we memorialize, honor, and celebrate the lives tragically lost due to fatal anti-transgender violence and discrimination. These senseless murders are a global and national crisis that disproportionately affect Black, Indigenous, and migrant transgender womxn of color! This year, we have issued a call to action partnering with other leading agencies whose mission is to serve and protect our most vulnerable and marginalized community members. We are stronger together and want the message to be loud and clear, stop killing us!

This event will be interpreted in American Sign Language. For more information, contact [trans@thecentersd.org](mailto:trans@thecentersd.org) or call/text 858.215.6914.

## **Mondays, 7:00pm-8:30pm, Transgender Coming Out Group**

This group supports transgender people in all stages of exploring gender identity. Open to transgender women (MTF), transgender men (FTM), non-binary/genderqueer/gender non-conforming people, people who are intersex, and those questioning their gender identity. For more information, and a virtual ZOOM invite contact transgender services at [trans@thecentersd.org](mailto:trans@thecentersd.org) or 619.692.2077 x162.

## **1<sup>st</sup> and 3<sup>rd</sup> Tuesday, November 3<sup>rd</sup> and 17<sup>th</sup>, 7:00pm-8:30pm, Aromantic and Asexual Discussion Group**

This is a support and discussion group for all people who identify on the aromantic spectrum, or asexual spectrum, or both. Those questioning are also welcome. Aromantic is a romantic orientation defined as having little to no romantic attraction or desire. Asexuality is a sexual orientation defined as having little to no sexual attraction or desire. Like all sexualities and romantic orientations, there is a spectrum of experiences, in which all are valid. For more information, accessibility requests, and a ZOOM invitation contact Naya Marie Velazco, She/Her/Hers, at [nvelazco@thecentersd.org](mailto:nvelazco@thecentersd.org) or 619.692.2077 x 162

## **2<sup>nd</sup> Tuesday, November 9:00am-10:30am, Community Food Distribution Site – Open to all**

The San Diego LGBT Community Center hosts a distribution site once a month for the Community Cares Project of the San Diego Food Bank. On the first Tuesday of every month, 9:00am-10:30am, visit The Center's parking lot for food distribution. For more information, visit the San Diego Food Bank website.

## **4<sup>th</sup> Tuesday, November 24<sup>th</sup>, 7:00pm-8:30pm, San Diego Trans Military Discussion Group**

Meet other Veterans and active duty Trans folks to support and share resources for smoother transitions within the military and VA agencies, great place to share your hopes and struggles. For more information and a ZOOM invite contact Angela Troska, She/Her/Hers, at [sdtransmil@gmail.com](mailto:sdtransmil@gmail.com)

## **Wednesday, November 11<sup>th</sup> and 25<sup>th</sup>, Midday, Diamond in the Rough, Transwomen/Transfeminine Support Group**

Therapist-lead support group for transgender women and transfeminine individuals, topics vary. Group is closed format and must meet with group facilitator prior to joining. Contact On Duty 619.692.2077 x208 for more information, and a virtual ZOOM invite email [onduty@thecentersd.org](mailto:onduty@thecentersd.org).

## **Wednesdays, 7:00pm-8:30pm, Trans Masculine Discussion Group**

Discussion group for male-identified, questioning, or self-identifying on the male spectrum folks who were assigned female at birth. For more information, and a virtual ZOOM invite contact transgender services at [trans@thecentersd.org](mailto:trans@thecentersd.org) or 619.692.2077 x162.

## **Wednesday, November 11<sup>th</sup> and 25<sup>th</sup>, 5:00pm-6:30pm, Trans SOFFA: Significant Other, Friend, Family, or Ally**

This group is to help the folks (Significant Others, Friends, Family, or Allies!) who love and care for our Trans family. Transitioning can be hard on both parties, and this group can help guide/support you through the journey you will also endure. For more information, and a virtual ZOOM invite contact our transgender services at [trans@thecentersd.org](mailto:trans@thecentersd.org) or 619.692.2077 x162.



# Transgender Services November 2020

## **Friday, November 6<sup>th</sup>, 2:00pm-3:30pm, 1<sup>st</sup> Friday of Each Month, Project TRANS Advisory Committee**

Project TRANS is eager to serve the most marginalized of community members with their direct supportive services. This exclusive committee's objectives are to ensure that programs, events, services, activities, and groups maintain a positive representation of our culturally diverse and eclectic community. We also continue to cultivate, enhance, and create accessible services with the assistance of our community members! For accessibility requests, or questions please contact [trans@thecentersd.org](mailto:trans@thecentersd.org) or 619.692.2077 x162

## **Fridays, 7:30pm-9:00pm, Non-Binary Gender Identity and Exploration**

This is a discussion and support group for non-binary, genderqueer, and gender non-conforming individuals. Anyone who identifies with any part of the non-binary gender spectrum or anyone questioning/exploring their gender identity is welcome to join. This group also serves as a social gathering space for non-binary individuals, and casual social interaction is integrated with more structured discussion. The group meets on the first and third Thursdays of every month. For more information, and a virtual ZOOM invitation contact Transgender Services at [trans@thecentersd.org](mailto:trans@thecentersd.org).

## **Viernes 6 de Noviembre, 6pm. Grupo de apoyo: Transgenero 2000**

Este grupo se lleva a cabo de 6:00pm a 7:30pm, es un grupo abierto a familias, amigos y personas que quieran comprender y dar apoyo a personas transgenero, en este grupo se dan diferentes temas educativos y tambien se comparten sus experiencias de la vida. Primer y último viernes de cada mes. para más información y solicitudes de accesibilidad póngase en contacto con [trans@thecentersd.org](mailto:trans@thecentersd.org)

## **Saturdays, 5:00pm-7:00pm, Transgender Discussion Group**

A discussion and support group for transgender and trans-questioning folks ages 18 and up. Meet lots of different members of the Trans and Gender Non-binary community. Discuss ideas, experiences and share resources. For more information, and a virtual ZOOM invite contact transgender services at [trans@thecentersd.org](mailto:trans@thecentersd.org) or 619.692.2077 x162

## **Check Out Our Testing Hours!**

Free HIV and Hepatitis C testing is available at The Center Monday-Friday 9:00am-8:00pm (last test at 7:00pm) and Saturday 10:00am-4:00pm (last test at 3:00pm). All tests are presently by appointment only, please call 619.692.2077 x 211.

## **Under 25 and Looking for Transgender Resources?**

### **\*Under 25 and Looking for Transgender Resources?**

Yey Morales, They/Them/Theirs, Youth Services Manager, is available to help transgender youth 25 and younger with accessing resources such as support groups, housing, surgery, hormones, mentorships, mediations with families and schools, name and gender change, and more! Contact Yey at [mmorales@thecentersd.org](mailto:mmorales@thecentersd.org) or 619.692.2077 x156.