Meet the Team

Behavioral Health Services

The San Diego LGBT Community Center offers a wide selection of services through its Behavioral Health Services programs including LGBTQ individual, couples, family, and group counseling; relationship violence treatment and wellness; assistance for transgender and non-binary persons with transition or exploration of gender identity; community resources and support for those living with HIV/AIDS; and many more targeted services, most with sliding scale and some insurance plans are accepted. Persons living with HIV may potentially qualify to receive no cost counseling services.

Tanesha Adams
She/Her/Hers
Bilingual Staff Counselor
Mental Health treatment for folx living with HIV; Mental Health treatment for youth, including Transition Age Youth; Family Counseling, including Parenting.

Sabah al-Awar
She/they
Counseling Intern
Gender-affirming therapy and exploration of gender, sexuality, and identity; Mental health treatment and support for depression and anxiety.

Hannah Anew
She/Her/Hers
Bilingual Staff Counselor
Mental Health treatment for folx living with HIV; Mental Health treatment for youth, including Transition Age Youth; Family Counseling, including Parenting.

Patricia Celaya
She/Her/Hers
Bilingual Staff Counselor
Mental Health treatment for folx living with HIV; Mental Health treatment for immigrants/refugees; Trauma Recovery; Grief; Depression/Mood Disorders.

Jahnessa Davis
She/Her/Hers
Counseling Intern
Mental health treatment for older adults; Mental health treatment for minority individuals; Acceptance and Commitment Therapy.

Elizabeth Green
They/Them/Elle
Bilingual Staff Counselor
Mental Health treatment for folx living with HIV; Suicide Prevention and Self-Esteem; Mental Health treatment for immigrants/refugees and Anxiety.

Pamuela Halliwell
She/Her/Hers
Staff Counselor
Mental Health treatment for youth, including Transition Age Youth; Gender Affirming Counseling; Mental Health treatment for folx living with HIV; Trauma Recovery and Sexual Health.

Alicia Montellanos
They/Elle
Bilingual Crisis Case Manager and Services Navigator
Crisis intervention; Covered CA and ADAP enrollment; Medical and Non-Medical Case Management with folx living with HIV; Restorative Justice.

Joseph Severino
He/Him/His
Senior Supervising Psychologist
Mental Health treatment for folx living with HIV; Sexual Health, Out of Control Sexual Behavior, Substance Abuse and recovery.

Lauren-Taylor Mansfield
She/they
Counseling Intern
Mental Health treatment for youth and young adults; Gender Affirming counseling; Trauma Recovery.

L Tuiletufuga
They/Them/Theirs
Staff Counselor
Relationship Violence treatment & wellness; Mental Health treatment for folx living with HIV; Mental Health treatment for youth, including Transition Age Youth; Gender Affirming Counseling.

For more information or to enroll in services, please call 619.692.2077 x208, or email at onduty@thecentersd.org. For questions or concerns, please contact Director of Behavioral Health Services, Steve Carroll, at 619.692.2077 x139, or scarroll@thecentersd.org.

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