**Heal Thy Soul**
A peer-led empowerment group for Black Men (MSM). Topics with speakers include: living with HIV, normalization about sex, community mobilizing, dating, healthy relationships, spiritual awareness, self healing, and much more.
**WEDNESDAYS, 12:00-1:30 PM**

**Let's Talk Tuesdays**
An intentional space to meet 1-on-1 or in small groups with the Senior Manager of Community Engagement, Helen Weldeghiorgis (she/her), and share feedback, challenges, issues, and opportunities about The Center's work with the Black LGBTQ community.
**2ND TUESDAY, 4:30-6:00 PM**

**Black LGBTQ Community Advisory Committee (BLCAC)**
BLCAC provides advice to The Center on issues impacting the Black LGBTQ community to better serve and welcome Black LGBTQ community members.
**3RD MONDAY, 5:00-6:00 PM**

**Brave Space**
A peer-led discussion group for LGBTQ+ folx of the Black and African diaspora community. Come together to bond, share, and connect in community, discuss anti-Black racism, express pain, and create support and healing.
**3RD SATURDAY, 11:00AM- 12:30PM**

**Black Resources at The San Diego LGBT Community Center is designed to provide resources, support, and engagement opportunities for members of the San Diego Black LGBTQ community.**

All of our groups meet online!

**For questions, accessibility and to request Zoom info for group meetings, please email:**

hweldeghiorgis@thecentersd.org