

Behavioral Health Services Groups

Call (619) 692 x 2077 and choose extension or email appropriate contact person



Transgender Coming Out

Mondays 7:00pm-8:30pm

Email trans@thecentersd.org for meeting information

GBT Men Living with HIV

Support group for male-identified individuals living with HIV
Tuesdays 6:00 – 7:30 with Joe ext. 230 jseverino@thecentersd.org

Survivors of Relationship Violence/Intimate Partner Violence

Open to all genders

Thursdays 6:30 – 7:45 with L ext. 136 ltuiletufuga@thecentersd.org & Alicia ext. 208 amontellanos@thecentersd.org

Diamonds in the Rough

Support group for transwomen/transfeminine individuals
2nd & 4th Wednesday of the month from 12:00 – 1:30 with Paty ext. 200 pcelaya@thecentersd.org & Elizabeth ext. 138 egreen@thecentersd.org

Trans Positive

Support group for trans women living with HIV
1st & 3rd Wednesday of the month from 12:00 – 1:30 with Paty ext. 200 pcelaya@thecentersd.org & Elizabeth ext. 138 egreen@thecentersd.org

Meth Relapse Prevention

Support group for male-identified individuals living with HIV
Thursdays 12:00 – 1:30 with Joe ext. 230 or jseverino@thecentersd.org

RVTIP –Relationship Violence Treatment& Intervention Program Group

A group for individuals who have perpetrated intimate partner violence; either court-ordered or self-referred. Curriculum is LGBTQ-inclusive. 52 week program, can start at any time. Tuesdays with L ext. 136 ltuiletufuga@thecentersd.org

Self-Care

Open to North County residents living with HIV

Wednesday 6:00pm – 7:30pm with Hannah hanew@thecentersd.org & Karrah ext. 114 kbissett@thecentersd.org

Open to East County residents living with HIV

Mondays 4:00pm – 5:30pm
Contact onduty@thecentersd.org