



FAQS

Frequently Asked Questions

Are the ingredients in COVID-19 vaccines safe?

Nearly all the ingredients in COVID-19 vaccines are also ingredients in many foods – fats, sugars, and salts.

Can COVID-19 vaccines make me sick with COVID-19?

The authorized COVID-19 vaccines in the US do not contain the live virus that causes COVID-19, so the vaccine cannot make you sick with COVID-19.

Will the vaccination interact with my HIV medication such as antiretroviral therapy (ART)?

There is no scientific reason to suggest that the vaccination could interact in any way with your HIV medication. If you are living with HIV, it's encouraged that you get a COVID-19 vaccination. There is no evidence that the vaccine will interact with ART, PrEP or PEP.

Will COVID-19 vaccines affect my fertility?

Currently no evidence shows that any vaccines, including COVID-19 vaccines, cause fertility problems (problems trying to get pregnant).

Can COVID-19 vaccines alter my DNA?

COVID-19 vaccines do not change or interact with your DNA in any way.

Is my natural COVID-19 immunity better than the vaccine?

Getting a COVID-19 vaccination is a safer and more dependable way to build immunity to COVID-19 than getting sick with COVID-19.

Will the vaccination interact with my hormone replacement treatment (HRT)?

If you are transgender and/or nonbinary and are on HRT, there is no scientific reason to suggest that the vaccination could interact in any way with your HRT medication. There is also no reason to suggest it could impact on your hormone levels.

Do COVID-19 vaccines cause variants?

COVID-19 vaccines do not create or cause variants of the virus that causes COVID-19. Instead, COVID-19 vaccines can help prevent new variants from emerging.



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SOURCES

Mayo Clinic - [mayoclinic.org](https://www.mayoclinic.org)
CDC - [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)
LGBT Foundation - [lgbt.foundation](https://www.lgbt.foundation)