

Behavioral Health Services Groups

Call (619) 692-2077 and choose extension or email appropriate contact person

Transgender Coming Out

Mondays 7:00pm – 8:30pm

Email trans@thecentersd.org for meeting information

GBT Men Living with HIV

Support group for male-identified individuals living with HIV

Tuesdays 6:00 – 7:30pm with Joe ext. 230 jseverino@thecentersd.org

Survivors of Relationship Violence/Intimate Partner Violence

Open to all genders

Thursdays 6:30 – 7:45pm with L ext. 136 ltuiletufuga@thecentersd.org

Diamonds in the Rough

Support group for transwomen/transfeminine individuals

Wednesdays 12:00 -1:30pm

Email trans@thecentersd.org for meeting information

Trans Positive

A safe space for transgender and nonbinary folks living with HIV

Mondays 5:00 – 6:00 pm with Ezak ext. 232 emarquez@thecentersd.org

Meth Relapse Prevention

Support group for male-identified individuals living with HIV

Mondays 6:00 – 7:30pm with Joe ext. 230 jseverino@thecentersd.org

RVTIP – Relationship Violence Treatment & Intervention Program Group

A group for individuals who have perpetrated intimate partner violence; either court-ordered or self-referred. Curriculum is LGBTQ-inclusive. 52-week program, can start at any time. Tuesdays with L ext. 136 or ltuiletufuga@thecentersd.org & Rio ext. 119

hmoncado@thecentersd.org

Self-Care

Open to North County residents living with HIV

Wednesday 6:00 – 7:00pm with Hannah hanew@thecentersd.org

DBT (Dialectical Behavior Therapy) Skills Training Group

Open to all genders w/ participants needing to be enrolled in individual counseling within or outside of The Center

Tuesdays 7:00pm – 8:30 pm with Will ext. 126 wabshier@thecentersd.org